# SAULT COLLEGE OF APPLIED ARTS AND TECHNOLOGY SAULT STE. MARIE, ONTARIO



# **COURSE OUTLINE**

COURSE TITLE: Clinical Pathology II

CODE NO.: OPA201 SEMESTER: 3

**PROGRAM:** Occupational Therapist Assistant/Physiotherapist Assistant

AUTHOR: Joanna MacDougall

DATE: Sept. 2004 PREVIOUS OUTLINE DATED: N/A

**APPROVED:** 

DEAN DATE

TOTAL CREDITS: 4

**PREREQUISITE(S):** OPA106, PSY204, OPA107, OPA108, OPA109, OPA110,

OPA111, OPA112

HOURS/WEEK: 4

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For additional information, please contact the Dean,

School of Health and Human Services

(705) 759-2554, Ext. 603/689

## I. COURSE DESCRIPTION:

The purpose of this course is to introduce the student to common disabling conditions which are managed by occupational therapists and physiotherapists. The conditions emphasized will be musculoskeletal in nature. Relevant anatomy/physiology will be reviewed and/or taught prior to the student gaining familiarity with the conditions, the associated pathology, the course of the condition and the intervention provided by a Physiotherapist and/or Occupational Therapist. The student will be able to recognize the clinical presentation of the specific conditions covered in the class.

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## II. LEARNING OUTCOMES AND ELEMENTS OF THE PERFORMANCE:

In general, this course addresses Vocational Learning Outcomes (cross-reference with the Program Standards) in: communication skills (1, 8P, 8O), safety (1, 8P, 8O), professional competence (1, 7, 8P, 8O), and application skills (1, 8P, 8O). It addresses all of the Generic Skills Learning Outcomes.

Upon successful completion of this course, the student will:

1. Demonstrate a general knowledge of the basic concepts of relevant anatomy and physiology, pathophysiology and the general principles of disease and injury.

Potential Elements of the Performance:

- Describe the general principles of disease and injury (alterations in cell function, structure, growth and differentiation; inflammation, wound healing and neoplasia) sufficient to understand the pathophysiology of the conditions covered
- Identify and state the function of the major parts of the Central Nervous System, Peripheral Nervous System, Musculoskeletal System, and the Integumentary System sufficient to understand the pathophysiology of the conditions covered
- 2. Demonstrate an understanding of common conditions, including the etiology, pathophysiology, and clinical presentation.

Potential Elements of the Performance:

 Describe the following conditions including the etiology, pathophysiology and clinical presentation:

## Pain:

Acute, chronic, referred

# Musculoskeletal System

Fibromyalgia

**Polymyosistis** 

Spinal Disorders – Herniated Intervertebral Disk, Degenerative Disc

Disease Scoliosis, Kyphosis

Osteoarthritis

**Bursitis** 

Osteomyelitis

Gout

Musculoskeletal Tumors

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Osteoporosis

Osteomalacia and Rickets

Hallux Valgus, Hallux Rigidus, Hammer Toe

Traumatic and Sports Injuries

Fractures

**Sprains and Strains** 

Dislocations, Subluxations

Adhesive Capsulitis (Frozen Shoulder)

Severed Tendon, Tendonitis

Contusion

Shin Splints

Plantar Fasciitis

Ganglion

Torn Meniscus

**Rotator Cuff Tears** 

**Amputations** 

Congenital Anomalies

Hip dysplasia

Legg-Calve-Perthes

Angular/Torsional Conditons - genu varum, genu valgum, torticollis

Other Connective Tissue Disorders

Ankylosing spondylitis

Infectious arthritis

Psoriatic arthritis

Hypermobility disorders

Osteochondritis (Osgood-Schlatter's, Scheuermann's Disease)

Osteonecrosis

Bone Neoplasms

Benign, malignant

Ewing's sarcoma

Secondary bone tumors

# **Integumentary System (Skin)**

**Dermatitis** 

**Psoriasis** 

Herpes zoster (shingles)

Furuncles an dcarbuncles

Cellulitis

Dermatophytoses (tinea capitis, tinea corporis, tinea unquium, tinea

Pedis, tinea cruris

Decubitus ulcers

Benign and premalignant tumors

Skin carcinomas

Abnormal skin pigmentation

Alopecia

**Folliculitis** 

Corns and calluses

Verrucae (warts)

**Deformed or Discoloured Nails** 

Trauma – abrasions, avulsion, puncture wonds, lacerations

Thermal Insults – burns, hyperthermia, hypothermia, frostbite

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### 3. Demonstrate knowledge of the clinical implications of these conditions.

Potential Elements of the Performance:

- For each of the conditions listed above, where appropriate, explain the effect of the condition on normal growth and development and/or the aging process
- For each of the conditions listed above, where appropriate, assess and interpret the effect of the condition on the physical, psychosocial and environmental aspects of an individual's life
- Integrate knowledge of each condition with the impact of the condition on the client's normal function and his/her environment
- Demonstrate knowledge of the general goals of treatment as outlined 4. by the OT/PT as they relate to each condition.

Potential Elements of the Performance:

- Describe treatment for each of the conditions listed above
- Describe the general goals of treatment by an OT/PT for each of the conditions listed above
- Demonstrate an understanding of the specific role of the OTA/PTA in 5. carrying out the treatment plan established by the OT/PT in each condition.

Potential Elements of the Performance:

Describe the role of the OTA/PTA in the OT/PT management of each of the conditions listed above

#### III. **TOPICS:**

- 1. Basic concepts of disease and injury
- Anatomy and Physiology of the Nervous System 2.
- Pathophysiology of Neurological Conditions 3. Pain: Acute, Chronic and Referred
- 4. Anatomy and Physiology of the Musculoskeletal System
- 5. Pathophysiology of the Musculoskeletal System
- Anatomy and Physiology of the Integumentary System 6.
- 7. Pathophysiology of the Integumentary System
- Clinical Implications 8.
- **Treatment Goals** 9.
- Role of the OT/PT and OTA/PTA in each condition 10.

#### IV. REQUIRED RESOURCES/TEXTS/MATERIALS:

Frazier, M and Drzymkowski, J. (2000). Essentials of Human Diseases and Conditions (2<sup>nd</sup> ed.), W.B. Saunders Company

Garrison, S. (1995). Handbook of Physical Medicine and Rehabilitation Basics. Lippincott-Raven

## V. EVALUATION PROCESS/GRADING SYSTEM:

- A combination of tests and assignments will be used to evaluate student achievement of the course objectives. A description of the evaluation methods follows and will be discussed by the teacher within the first two weeks of class.
- 2. All tests/exams are the property of Sault College.
- Students missing any of the tests or exams because of illness or other serious reason must notify the professor <u>BEFORE</u> the test or exam. The professor reserves the right to request documents to support the student's request.
- 4. Those students who have notified the professor of their absence that day will be eligible to arrange an opportunity as soon as possible to write the test or exam at another time. Those students who **DO NOT NOTIFY** the professor will receive a zero for that test or exam.
- 5. For assignments to be handed in, the policies of the program will be followed. For assignments not handed in by the due date, the mark received will be zero. Extensions will be granted if requested in writing at least 24 hours before the due date. There will be a deduction of one percent per day for every school day late with the permission of an extension. This means that if you requested an extension for 5 school days (1 week), 5 percentage points will be deducted from the final grade.
- 6. A supplemental exam may be written by students who meet the following criteria. The student must achieve at least a grade of 45% in the course. The student must have attended at least 80% of the classes. The supplemental exam will then cover the entire course and will be worth 100% of the student's final mark.

The following semester grades will be assigned to students in post-secondary courses:

<u>Grade</u>	<u>Definition</u>	Grade Point <u>Equivalent</u>
A+ A	90 – 100% 80 – 89%	4.00
В	70 - 79%	3.00
C	60 - 69%	2.00
D	50 – 59%	1.00
F (Fail)	49% and below	0.00

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CR (Credit)	Credit for diploma requirements has been awarded.
S	Satisfactory achievement in field /clinical
U	placement or non-graded subject area. Unsatisfactory achievement in field/clinical
Χ	placement or non-graded subject area.  A temporary grade limited to situations with
	extenuating circumstances giving a student additional time to complete the requirements
	for a course.
NR	Grade not reported to Registrar's office.
W	Student has withdrawn from the course without academic penalty.

**Note:** For such reasons as program certification or program articulation, certain courses require minimums of greater than 50% and/or have mandatory components to achieve a passing grade.

It is also important to note, that the minimum overall GPA required in order to graduate from a Sault College program remains 2.0.

## VI. SPECIAL NOTES:

## **Special Needs:**

If you are a student with special needs (e.g. physical limitations, visual impairments, hearing impairments, or learning disabilities), you are encouraged to discuss required accommodations with your instructor and/or the Special Needs office. Visit Room E1101 or call Extension 703 so that support services can be arranged for you.

# Retention of course outlines:

It is the responsibility of the student to retain all course outlines for possible future use in acquiring advanced standing at other postsecondary institutions.

## Plagiarism:

Students should refer to the definition of "academic dishonesty" in *Student Rights and Responsibilities*. Students who engage in "academic dishonesty" will receive an automatic failure for that submission and/or such other penalty, up to and including expulsion from the course/program, as may be decided by the professor/dean. In order to protect students from inadvertent plagiarism, to protect the copyright of the material referenced, and to credit the author of the material, it is the policy of the department to employ a documentation format for referencing source material.

## Course outline amendments:

The Professor reserves the right to change the information contained in this course outline depending on the needs of the learner and the availability of resources.

Substitute course information is available in the Registrar's office.

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# VII. PRIOR LEARNING ASSESSMENT:

Students who wish to apply for advanced credit in the course should consult the professor. Credit for prior learning will be given upon successful completion of a challenge exam or portfolio.

# **VIII. DIRECT CREDIT TRANSFERS:**

Students who wish to apply for direct credit transfer (advanced standing) should obtain a direct credit transfer form from the Dean's secretary. Students will be required to provide a transcript and course outline related to the course in question.